

| MENS 5000M TIMES |         |         |         |         |         |         |         |         |         |         |
|------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
|                  | A       | B       | C       | D       | E       | F       | G       | H       | I       | J       |
| 1                | 6.09.76 | 6.30.67 | 6.37.91 | 6.43.74 | 6.48.91 | 6.54.64 | 7.02.22 | 7.09.83 | 7.21.94 | 7.51.99 |
| 2                | 6.15.65 | 6.30.84 | 6.38.00 | 6.43.87 | 6.48.91 | 6.54.82 | 7.02.55 | 7.09.85 | 7.21.96 | 7.52.26 |
| 3                | 6.16.49 | 6.30.90 | 6.38.00 | 6.43.87 | 6.49.21 | 6.55.05 | 7.02.59 | 7.10.19 | 7.24.85 | 7.52.26 |
| 4                | 6.16.64 | 6.30.90 | 6.38.37 | 6.43.92 | 6.49.32 | 6.55.25 | 7.02.87 | 7.10.28 | 7.24.99 | 7.52.41 |
| 5                | 6.17.32 | 6.31.12 | 6.38.38 | 6.44.09 | 6.49.32 | 6.55.49 | 7.02.87 | 7.10.72 | 7.25.01 | 7.52.65 |
| 6                | 6.18.81 | 6.31.13 | 6.38.62 | 6.44.15 | 6.49.48 | 6.55.56 | 7.03.02 | 7.11.48 | 7.26.38 | 7.56.07 |
| 7                | 6.19.30 | 6.31.25 | 6.39.07 | 6.44.44 | 6.49.55 | 6.55.56 | 7.03.03 | 7.11.56 | 7.26.38 | 7.56.07 |
| 8                | 6.19.67 | 6.31.31 | 6.39.07 | 6.44.45 | 6.49.75 | 6.55.56 | 7.03.30 | 7.12.72 | 7.26.94 | 7.56.07 |
| 9                | 6.20.28 | 6.31.34 | 6.39.28 | 6.44.47 | 6.49.78 | 6.55.69 | 7.03.60 | 7.12.80 | 7.27.16 | 7.56.07 |
| 10               | 6.20.46 | 6.31.34 | 6.39.37 | 6.44.57 | 6.49.90 | 6.55.74 | 7.03.60 | 7.13.06 | 7.27.62 | 7.57.98 |
| 11               | 6.21.24 | 6.31.40 | 6.39.41 | 6.44.62 | 6.49.90 | 6.55.90 | 7.03.68 | 7.13.06 | 7.27.97 | 7.58.07 |
| 12               | 6.22.11 | 6.31.50 | 6.39.63 | 6.44.62 | 6.49.95 | 6.55.90 | 7.03.68 | 7.13.67 | 7.28.28 | 7.59.02 |
| 13               | 6.22.11 | 6.31.55 | 6.40.39 | 6.44.70 | 6.49.95 | 6.55.99 | 7.03.81 | 7.13.95 | 7.29.05 | 7.59.02 |
| 14               | 6.22.16 | 6.31.56 | 6.40.51 | 6.44.73 | 6.50.38 | 6.56.19 | 7.03.81 | 7.14.04 | 7.29.57 | 7.59.77 |
| 15               | 6.23.33 | 6.31.72 | 6.40.61 | 6.44.91 | 6.50.43 | 6.56.71 | 7.04.01 | 7.14.24 | 7.30.09 | 8.01.32 |
| 16               | 6.23.38 | 6.31.90 | 6.40.67 | 6.44.92 | 6.50.51 | 6.56.71 | 7.04.01 | 7.14.35 | 7.30.14 | 8.01.32 |
| 17               | 6.23.90 | 6.32.02 | 6.40.67 | 6.45.23 | 6.50.53 | 6.57.29 | 7.04.37 | 7.14.60 | 7.30.16 | 8.03.60 |
| 18               | 6.24.17 | 6.32.13 | 6.40.83 | 6.45.26 | 6.50.53 | 6.57.29 | 7.04.64 | 7.14.73 | 7.30.16 | 8.04.92 |
| 19               | 6.24.41 | 6.32.45 | 6.41.05 | 6.45.49 | 6.50.56 | 6.57.52 | 7.04.75 | 7.15.18 | 7.30.53 | 8.04.92 |
| 20               | 6.24.59 | 6.32.64 | 6.41.34 | 6.45.53 | 6.50.56 | 6.57.77 | 7.04.93 | 7.15.38 | 7.31.63 | 8.06.15 |
| 21               | 6.24.73 | 6.32.64 | 6.41.51 | 6.45.71 | 6.50.58 | 6.57.85 | 7.04.93 | 7.15.54 | 7.32.87 | 8.06.15 |
| 22               | 6.24.85 | 6.32.72 | 6.41.82 | 6.45.71 | 6.50.58 | 6.58.08 | 7.04.95 | 7.15.90 | 7.33.06 | 8.08.76 |
| 23               | 6.24.89 | 6.32.96 | 6.42.04 | 6.45.78 | 6.50.64 | 6.58.42 | 7.05.04 | 7.15.90 | 7.33.42 | 8.09.67 |
| 24               | 6.24.93 | 6.33.03 | 6.42.09 | 6.45.78 | 6.50.64 | 6.58.45 | 7.05.04 | 7.16.16 | 7.33.68 | 8.15.07 |
| 25               | 6.25.09 | 6.33.39 | 6.42.11 | 6.45.89 | 6.50.86 | 6.58.59 | 7.05.08 | 7.17.13 | 7.34.34 | 8.16.28 |
| 26               | 6.25.09 | 6.33.46 | 6.42.20 | 6.45.89 | 6.50.88 | 6.58.64 | 7.05.13 | 7.17.52 | 7.34.49 | 8.19.88 |
| 27               | 6.25.47 | 6.33.47 | 6.42.24 | 6.46.13 | 6.50.88 | 6.58.64 | 7.05.13 | 7.17.63 | 7.36.98 | 8.22.04 |
| 28               | 6.25.52 | 6.33.58 | 6.42.24 | 6.46.13 | 6.51.07 | 6.58.68 | 7.05.54 | 7.17.68 | 7.37.56 | 8.22.97 |
| 29               | 6.25.88 | 6.33.81 | 6.42.44 | 6.46.51 | 6.51.21 | 6.59.10 | 7.05.56 | 7.17.89 | 7.37.78 | 8.22.97 |
| 30               | 6.26.70 | 6.33.94 | 6.42.63 | 6.46.67 | 6.51.25 | 6.59.46 | 7.05.56 | 7.18.09 | 7.37.84 | 8.28.08 |
| 31               | 6.26.91 | 6.33.98 | 6.42.66 | 6.46.75 | 6.51.29 | 6.59.58 | 7.05.70 | 7.18.21 | 7.37.84 | 8.28.08 |
| 32               | 6.26.95 | 6.34.43 | 6.42.66 | 6.46.90 | 6.51.35 | 6.59.81 | 7.06.03 | 7.18.83 | 7.37.95 | 8.30.01 |
| 33               | 6.26.95 | 6.34.44 | 6.42.68 | 6.47.18 | 6.51.63 | 6.59.98 | 7.06.08 | 7.18.87 | 7.38.30 | 8.30.12 |
| 34               | 6.27.37 | 6.35.39 | 6.42.77 | 6.47.34 | 6.51.81 | 7.00.16 | 7.06.20 | 7.19.28 | 7.39.04 | 8.34.54 |
| 35               | 6.27.37 | 6.35.46 | 6.42.80 | 6.47.52 | 6.51.81 | 7.00.16 | 7.06.32 | 7.19.32 | 7.39.74 | 8.35.89 |
| 36               | 6.27.96 | 6.35.52 | 6.42.85 | 6.47.56 | 6.51.98 | 7.00.25 | 7.06.65 | 7.19.40 | 7.39.74 | 8.38.34 |
| 37               | 6.28.52 | 6.35.72 | 6.42.85 | 6.47.56 | 6.52.16 | 7.00.30 | 7.06.65 | 7.19.45 | 7.40.02 | 8.40.22 |
| 38               | 6.28.61 | 6.35.75 | 6.43.08 | 6.47.58 | 6.52.37 | 7.00.85 | 7.06.79 | 7.19.45 | 7.41.28 | 8.40.22 |
| 39               | 6.28.75 | 6.36.05 | 6.43.10 | 6.47.68 | 6.52.37 | 7.01.16 | 7.06.91 | 7.19.57 | 7.42.72 | 8.48.58 |
| 40               | 6.28.83 | 6.36.16 | 6.43.11 | 6.47.68 | 6.52.40 | 7.01.21 | 7.07.04 | 7.19.61 | 7.43.25 | 9.07.05 |
| 41               | 6.28.96 | 6.36.38 | 6.43.24 | 6.47.81 | 6.52.77 | 7.01.22 | 7.07.13 | 7.19.61 | 7.44.88 | 9.07.05 |
| 42               | 6.29.29 | 6.36.51 | 6.43.33 | 6.47.93 | 6.52.95 | 7.01.34 | 7.07.14 | 7.19.67 | 7.45.50 | 9.17.07 |
| 43               | 6.29.36 | 6.36.52 | 6.43.49 | 6.47.93 | 6.53.06 | 7.01.43 | 7.07.23 | 7.19.97 | 7.45.50 | 9.30.77 |
| 44               | 6.29.38 | 6.36.79 | 6.43.57 | 6.48.10 | 6.53.06 | 7.01.64 | 7.07.34 | 7.19.97 | 7.46.73 | 9.30.78 |
| 45               | 6.30.06 | 6.36.79 | 6.43.64 | 6.48.10 | 6.53.09 | 7.01.83 | 7.07.34 | 7.19.99 | 7.48.07 | 9.30.79 |
| 46               | 6.30.06 | 6.36.82 | 6.43.71 | 6.48.11 | 6.53.09 | 7.01.83 | 7.08.12 | 7.20.06 | 7.48.07 | 9.30.80 |
| 47               | 6.30.09 | 6.36.90 | 6.43.71 | 6.48.58 | 6.53.79 | 7.01.86 | 7.08.12 | 7.21.58 | 7.48.31 | 9.30.81 |
| 48               | 6.30.09 | 6.36.94 | 6.43.72 | 6.48.74 | 6.54.20 | 7.01.98 | 7.09.54 | 7.21.73 | 7.48.68 | 9.30.82 |
| 49               | 6.30.13 | 6.37.21 | 6.43.73 | 6.48.88 | 6.54.38 | 7.02.09 | 7.09.74 | 7.21.75 | 7.48.68 | 9.30.83 |
| 50               | 6.30.54 | 6.37.24 | 6.43.73 | 6.48.91 | 6.54.38 | 7.02.22 | 7.09.78 | 7.21.75 | 7.49.14 | 9.30.84 |