

1Z 40 ZONE FORMATION

FB DRAW **-1** RUN HB TRAP **-1**

OUT IN IN OUT

RB TE RT RG C LG LT WB

8 6 4 2 3 5 7 9

LLB DLE **MLB DLT** DRT **MLB DRE** RLB

WK WK P

3	PASS		1
-1	2	5	-1
receiver			P
R - C	-1		
6	X		4
receiver	MLB		P
R - DRE			
9	8	7	
+2	+2	+2	
receiver	X	LP	
R - LT	S		

2Z 40 ODD ZONE FORMATION

FB DRAW **+1** RUN HB TRAP **+1**

OUT IN IN OUT

RB TE **RT RG** C LG LT WB

8 6 4 2 3 5 7 9

LLB DLE **MLB DLT** **DRT** **MLB DRE** RLB

P WK WK

3	PASS		1
-1	2	5	-1
X		P	
LLB	-1		
6	receiver		4
X	R - RG		R - DLT
LH			
9	8	7	
+2	+2	+2	
X	LP	P	
LCB			

3Z 50 ZONE FORMATION

FB DRAW **NC** RUN HB TRAP **NC**

OUT IN IN OUT

RB TE RT RG **C LG** LT WB

8 6 4 2 3 5 7 9

LLB DLE **MLB DLT** **DRT** **MLB DRE** **RLB**

WK WK P

3	PASS		1
-1	2	5	-1
P	-1	receiver	RLB
6		R - DLE	4
P			X
			RH
9	8	7	
+2	+2	+2	
LP	receiver	X	RCB
	R - RT		

4Z 70 ZONE FORMATION

FB DRAW **-1** RUN HB TRAP **-1**

OUT IN IN OUT

RB TE RT RG C LG **LT WB**

8 6 4 2 3 5 7 9

LLB DLE **MLB DLT** **DRT** **MLB DRE** RLB

P WK WK

3	PASS		1
-1	2	5	-1
	-1	X	receiver
6	P	MLB	R - LG
			4
			receiver
			R - DRT
9	8	7	
+2	+2	+2	
P	LP	receiver	
		R - C	

1M 40 MAN FORMATION

FB								HB
DRAW	-1							TRAP
OUT			IN	IN				OUT
TE	RT	RG	C	LG	LT	WB	RB	
8	6	4	2	3	5	7	9	
MLB	LLB	DLE	DLT	DRT	DRE	RLB	MLB	
			WK	P			WK	

PASS

SINGLE COVERAGE

FL	TE	FB	HB	WB	SE
X	P	X	X	R	R
LCB		MLB	S	LG	DRE
WDC	LP			WDC	

DOUBLE COVERAGE +2

LH	LH	LH	RH	RH	RH
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2M 40 ODD MAN FORMATION

FB								HB
DRAW	-1							TRAP
OUT			IN	IN				OUT
TE	RT	RG	C	LG	LT	WB	RB	
8	6	4	2	3	5	7	9	
MLB	LLB	DLE	DLT	DRT	DRE	RLB	MLB	
			WK	P			WK	

PASS

SINGLE COVERAGE

FL	TE	FB	HB	WB	SE
R	X	X	R	X	P
DRT	LH	S	LT	RH	
		WDC	WDC		LP

DOUBLE COVERAGE +2

LLB	LLB	LLB	RLB	RLB	RLB
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3M 50 MAN FORMATION

FB								HB
DRAW	NC							TRAP
OUT			IN	IN				OUT
TE	RT	RG	C	LG	LT	WB	RB	
8	6	4	2	3	5	7	9	
MLB	LLB	DLE	DLT	DRT	DRE	RLB	MLB	
WK	P		WK					

PASS

SINGLE COVERAGE

FL	TE	FB	HB	WB	SE
X	R	P	X	R	X
LCB	DLT		MLB	RT	RCB
			WDC	LP	WDC

DOUBLE COVERAGE +2

LH	LH	LH	RH	RH	RH
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4M 70 MAN FORMATION

FB								HB
DRAW	+1							TRAP
OUT			IN	IN				OUT
TE	RT	RG	C	LG	LT	WB	RB	
8	6	4	2	3	5	7	9	
MLB	LLB	DLE	DLT	DRT	DRE	RLB	MLB	
WK		P	WK					

PASS

SINGLE COVERAGE

FL	TE	FB	HB	WB	SE
P	X	R	R	X	X
LP	LLB	DLE	RG	RLB	RCB
	WDC	WDC			

DOUBLE COVERAGE +2

MLB	MLB	MLB	S	S	S
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2B DOUBLE DOG BLITZ

FB	5							HB	5
DRAW				RUN				TRAP	
OUT			IN	IN				OUT	
TE	RT	RG	C	LG	LT	WB	RB		
8	6	4	2	3	5	7	9		
LLB	DLE	DLT	DLT	DRT	DRT	DRE	RLB		
WK			WK	P			WK		

PASS

1 - if short pass
3 - if medium pass
5 - if long pass

SINGLE COVERAGE

FL	TE	FB	HB	WB	SE
X	R	P	R	R	X
LCB	LLB		C	RLB	RCB

3B ALL DOG BLITZ

FB	6							HB	6
DRAW				RUN				TRAP	
OUT			IN	IN				OUT	
RB	TE	RT	RG	C	LG	LT	WB		
8	6	4	2	3	5	7	9		
LLB	DLE	DLT	MLB	MLB	DRT	DRE	RLB		
WK			P	WK			WK		

PASS

1 - if short pass
3 - if medium pass
5 - if long pass

SINGLE COVERAGE

FL	TE	FB	HB	WB	SE
R	X	R	P	X	RCB
LLB	LH	MLB		RH	RLB